NWASAA Zone Track Meet Schedule Friday May 25th 2018 Day 1

	A	B	C	D	E	F	G	H	I	J	K	L	M	N
3	**Friday**		WOMEN					**Friday**		MEN				
4	Time	**JG**	**IG**	**SG**	**JW**	**IW**	**SW**	Time	**JB**	**IB**	**SB**	**JM**	**IM**	**SM**
5	*11:30 AM*	100m(H)	100m(H)	100m(H)		Disc		*11:30 AM*	TJ		Jav		Shot	HJ
6		LJ												
7	*11:50 AM*				100m(H)	100m(H)	100m(H)	*11:50 AM*						
8	*12:10 PM*			Disc	LJ			*12:10 PM*	100m(H)	100m(H)	100m(H)	TJ		
9	*12:30 PM*		HJ					*12:30 PM*		Shot		100m(H)	100m(H)	100m(H)
10	*12:50 PM*	400m (tf)	400m (tf)	400m (tf)				*12:50 PM*						
11	*1:10 PM*				400m (tf)	400m (tf)	400m (tf)	*1:10 PM*	Disc		LJ		TJ	
12	*1:30 PM*		Jav				Shot	*1:30 PM*	400m (tf)	400m (tf)	400m (tf)			
13	*1:50 PM*			HJ				*1:50 PM*				400m (tf)	400m (tf)	400m (tf)
14	*2:10 PM*	1500m	1500m	1500m	1500m	TJ	TJ	*2:10 PM*		LJ				
15	*2:30 PM*	Shot				1500m	1500m	*2:30 PM*	1500m	1500m				Disc
16	*2:50 PM*							*2:50 PM*			1500m	1500m	1500m	1500m
17	*3:10 PM*	100m(F)	100m(F)	100m(F)	HJ			*3:10 PM*					Jav	
18	*3:30 PM*			TJ	100m(F)	100m(F)	100m(F)	*3:30 PM*				LJ		
19	*3:50 PM*				Disc	Shot		*3:50 PM*	100m(F)	100m(F)	100m(F)			
20	*4:10 PM*						Jav	*4:10 PM*		HJ		100m(F)	100m(F)	100m(F)
21	*4:30 PM*		TJ					*4:30 PM*			Shot			
22	*4:50 PM*	80m HUR	80m HUR					*4:50 PM*	80m HUR			Disc		LJ
23	*5:10 PM*			80m HUR	80m HUR	80m HUR		*5:10 PM*	HJ					
24	*5:30 PM*	Jav					80m HUR	*5:30 PM*		100 m HUR	100m HUR	100m HUR	100m HUR	
25	*5:50 PM*							*5:50 PM*						100m HUR
26	*6:10 PM*	4 X 400 R	4 X 400 R	4 X 400 R	4 X 400 R	4 X 400 R	4 X 400 R	*6:10 PM*						
27	*6:30 PM*							*6:30 PM*	4 X 400 R	4 X 400 R	4 X 400 R	4 X 400 R	4 X 400 R	4 X 400 R
28	*6:45 PM*				300m Hur	300m Hur	300m Hur	*6:45 PM*				300m Hur	300m Hur	300m Hur
29	*Pentathlon events - run at the same time as the SW and SM heats and field events*													

WHEN POSSIBLE CATEGORIES WILL BE COMBINED FOR 1500m,3000M, HURDLES, & RELAYS

NWASAA Zone Track Meet Schedule 2018 Day 2

	A	B	C	D	E	F	G	H	I	J	K	L	M	N
43														
44	**Saturday**		**WOMEN**					**Saturday**		**MEN**				
45	Time	**JG**	**IG**	**SG**	**JW**	**IW**	**SW**	Time	**JB**	**IB**	**SB**	**JM**	**IM**	**SM**
46	*9:00 AM*	200m(H)	200m(H)	200m(H)			Disc	*9:00 AM*			HJ	Shot	LJ	Jav
47		TJ												
48	*9:20 AM*				200m(H)	200m(H)	200m(H)	*9:20 AM*						
49	*9:40 AM*		Disc	Jav	Shot			*9:40 AM*	200m(H)	200m(H)	200m(H)			
50	*10:00 AM*						HJ	*10:00 AM*		TJ		200m(H)	200m(H)	200m(H)
51	*10:20 AM*	3000m (F)	3000m (F)	3000m (F)				*10:20 AM*	Shot	Jav			Disc	
52	*10:40 AM*		LJ		3000m (F)	3000m (F)	3000m (F)	*10:40 AM*				HJ		
53	*11:00 AM*				TJ	Jav		*11:00 AM*	3000m (F)	3000m (F)	3000m (F)			
54	*11:20 AM*			Shot				*11:20 AM*	LJ			3000m (F)	3000m (F)	3000m (F)
55	*11:40 AM*	Disc						*11:40 AM*					HJ	
56	*12:00 PM*	200m (F)	200m (F)	200m (F)	200m (F)	LJ	LJ	*12:00 PM*			TJ			
57	*12:20 AM*		Shot			200m (F)	200m (F)	*12:20 PM*	200m (F)	200m (F) Disc		Jav		
58	*12:40 PM*	HJ						*12:40 PM*			200m (F)	200m (F)	200m (F)	200m (F)
59	*1:00 PM*			LJ	Jav			*1:00 PM*			Disc			TJ
60	*1:20 PM*	800m (TF)	800m (TF)	800m (TF)	800m (TF)	HJ		*1:20 PM*	Jav					Shot
61	*1:40 PM*					800m (TF)	800m (TF)	*1:40 PM*	800m (TF)	800m (TF)				
62	*2:00 PM*							*2:00 PM*			800m (TF)	800m (TF)	800m (TF)	800m (TF)
63	*2:20 PM*	4 X 100 R	4 X 100 R	4 X 100 R	4 X 100 R	4 X 100 R	4 X 100 R	*2:20 PM*						
64	*2:40 PM*							*2:40 PM*	4 X 100 R	4 X 100 R	4 X 100 R	4 X 100 R	4 X 100 R	4 X 100 R
65														
66	*Pentathlon events - run at the same time as the SW and SM heats and field events*													
67														
68														
69														
70														